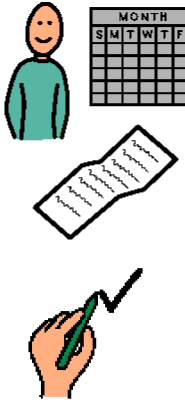
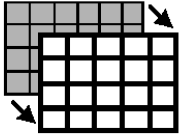
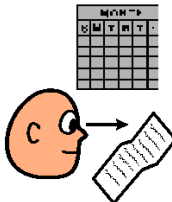


Why I Use a Schedule

 <p>The illustration shows a person with a green shirt, a calendar with the word 'MONTH' and days 'S M T W T F', a piece of paper with a list of activities, and a hand holding a green pen checking off an item on the list.</p>	<p>I have a calendar and a schedule at school. My calendar tells me when I have school and when I am on a break. When I am at school, I try to use a schedule. My schedule is a list of what activities I am doing and what next. I can check off activity when I am finished.</p>
 <p>The illustration shows two overlapping calendar grids. The front grid is slightly offset to the right and down from the back grid, with arrows indicating the change.</p>	<p>I can look at my schedule to see what is next. If I do not like what I am doing now. I can remember that the activity will end soon and I will get to do different activities too. Sometimes my schedule will change. An adult will tell me if there is a change and what is happening. Sometimes the change is a very good change, like a special snack or event.</p>
 <p>The illustration shows a person's head looking towards a calendar with the word 'MONTH' and days 'S M T W T F', and a piece of paper with a list of activities.</p>	<p>Sometimes the change just means I will be doing a different activity or that there is a change to the time of an activity. A change may mean a vacation day or a sub. Changes are okay. I can look at my schedule to see what is happening next. My schedule helps me to know what I am doing so I can learn.</p>