When I Feel Angry

	Sometimes I feel angry.
	All people feel angry at one time or another.
	When I get angry I will find my teacher, Mom, Dad or another adult.
] [w]	When I find them I will try to use words to tell them that I am angry.
angry!	I can say "I'm angry!" or "That makes me mad!"
B	It is O.K. to use words when I feel angry.
→ 111 ©	They will talk to me about what happened and how I feel. This might help me to feel better.
	Wherever I am I can try to find someone to talk to about how I feel.

